

STEPHEN EPP

Occupational Therapist and Vocational Rehabilitation Professional

FORMAL EDUCATION

- MCISc OT **Master of Clinical Science in Occupational Therapy (2002)**
University of Western Ontario
- BHKin **Bachelor of Human Kinetics in Exercise Science (1999)**
University of British Columbia

CLINICAL CERTIFICATIONS

- **Canadian Certified Life Care Planner (CCLCP)**, International Commission on Health Care Certification
- **International Certified Cost of Care Professional (ICCCP)**, College of Vocational Rehabilitation Professionals
- **Certified Vocational Rehabilitation Professional (CVRP)**, College of Vocational Rehabilitation Professionals
- **Certified Functional Capacity Evaluator (CFCE)**: Level 1 and 2 Certified, JTECH Medical, Functional Capacity Evaluation Certification Program, Matheson
- **E.P.I.C. Lift Capacity Certified Evaluator**: Matheson
- **Progressive Goal Attainment Program (PGAP)**: Certified for cognitive, physical, and mental health work hardening and return to work planning, PGAP Works
- **Cognitive Demands Analysis (CDA)**: Certified to complete vocational evaluation of cognitive and psychosocial/mental health demands of work, Gowans Consulting
- **Assessment of Motor and Process Skills (AMPS)**: Certified for functional assessment of cognitive and physical abilities to complete activities of daily living, AMPS International
- **Critical Incident Stress Management Certified (CISM)**: Certified to provide education and interventions following traumatic incidents, Justice Institute of B.C.
- **Substance Use Intervention Certified**: Certified to provide assessment and interventions for substance use issues, Justice Institute of B.C.
- **Changeways Cognitive Behavioral Treatment Certified**: Certified to provide cognitive behavioral education for panic, anxiety, and depression symptoms, Changeways Clinic

PROFESSIONAL MEMBERSHIPS

- College of Health and Care Professionals of British Columbia
- Canadian Association of Occupational Therapists
- College of Vocational Rehabilitation Professionals

POSITIONS HELD

- 2023 – Present **Stephen Epp Consulting Inc, Vancouver, B.C**
Occupational Therapist
- Provide functional capacity evaluations, vocational assessments, cost of future care assessments, vocational rehabilitation, case management, and community-based rehabilitation.
- 2017 – 2023 **Turning Point Rehabilitation Consulting, North Vancouver, B.C**
Occupational Therapist
- Provide functional capacity evaluation, vocational evaluation, cost of future care assessment, vocational rehabilitation, case management, hospital discharge transitional support services, and community-based rehabilitation.
- 2023 – Present **Capilano University, North Vancouver, BC**
Instructor – Rehabilitation Assistant Diploma Program
- Teach models of care and occupational therapy assistant/rehabilitation assistant interventions for musculoskeletal conditions, neurology, and mental health conditions.
- 2012 – Present **College of Health and Care Professionals of British Columbia, Vancouver, BC**
Health Professions Complaint Investigator
- Complete investigations and reports related to occupational therapy and physical therapy complaints.
- 2012 – Present **Douglas College, New Westminster, BC**
Instructor – Practitioner Competencies in Psychosocial Rehabilitation
- Teach healthcare ethics, psychosocial assessment, communication tools, care planning, and rehabilitation interventions related to rehabilitation services for people with mental health and addictions.
- 2012 – Present **UBC Dep. of Occup. Science and Occupational Therapy, Vancouver, BC**
Clinical Assistant Professor
- Teach Guest Lectures, Small Group Tutorials, and Summer Int'l Institute.
- 2007 to Present **Self-Employed Consultant and Educator**
- Teach and provide consultation related to Rehabilitation Theory, Trauma-Informed Practice, Substance Use Rehabilitation, and Vocational Rehabilitation to various organizations including Vancouver Coastal Health, BC Infrastructure Benefit Program, Union Gospel Mission, Salvation Army, MPA Society, Lifemark, Community Therapists, Re: Function Health Group, and Coast Mental Health.

- 2020 to 2021 **Re: Function Health Group Inc, Vancouver, B.C
Occupational Therapist**
- Provide functional capacity evaluation, cost-of-future care assessment, and return to work support services.
- 2017 to 2018 **Gastown Vocational Services, Vancouver Coastal (VCH), Vancouver, B.C
Occupational Therapist**
- Provide vocational assessment, case management and vocational rehabilitation for clients with mental health and substance use issues.
- 2012 to 2017 **Professional Practice, VCH, Vancouver, B.C
Occupational Therapy Practice Coordinator**
- Provide clinical consultation, training, and coordination to 70 occupational therapists across acute, community and tertiary services, develop clinical practice guidelines, and implement quality improvement initiatives.
- 2003 to 2012 **Strathcona Mental Health and Substance Use Team, VCH, Vancouver, BC
Occupational Therapist and Program Coordinator**
- Psychosocial rehabilitation program coordination, and provide assessment, client care coordination, skills training, and vocational rehabilitation for complex clients living in the Downtown Eastside Area of Vancouver.
- 2002 to 2003 **Ravensong Mental Health and Substance Use Team, VCH, Vancouver, BC
Occupational Therapist**
- Provide assessment, care coordination, psychosocial rehabilitation, and vocational rehabilitation for adults and seniors with mental health, substance use, and physical health issues.

AWARDS AND PUBLICATIONS

Awarded **“2018 Outstanding Occupational Therapist in British Columbia”** by the Canadian Association of Occupational Therapists – British Columbia Branch

Richardson, L. and Epp, S. (2016). “Substance Use Disorders, Employment and the Return to Work.” In I.S. Schultz, and R. J. Satchel, (eds.), *Handbook of Return to Work: From Research to Practice*, vol. 1 in *Handbooks in Health, Work and Disability*. New York: Springer. 667 – 692.

Epp, S. (2013). “Recovery – It’s Broader than Health Care.” *Visions – Recovery*, vol. 9, 1. Available online at <http://www.heretohelp.bc.ca/visions/recovery-vol9>.

CONTINUING EDUCATION AND TRAINING

- 2023 The Functional Capacity Certification Program (Refresher) - Matheson
- 2023 Professional Practice and Ethics – Canadian Assessment, Vocational Evaluation and Work Adjustment Society (CAVEWAS)
- 2022 Certified Functional Capacity Evaluator – Metriks Education Inc.
- 2022 Transferrable Skills and Employability Analysis – CAVEWAS
- 2022 Biopsychosocial Pain Assessment, Pain Physiology, and Collaborative Care – PAIN BC
- 2021 Pain Foundations and Person in Pain: A lived experience perspective – PAIN BC
- 2021 Jurisprudence – College of Vocational Rehabilitation Professionals
- 2021 PTSD 101: Prolonged Exposure Therapy – Veterans Health Administration
- 2021 Transferrable Skills and Employability Analysis – Voc. Rehab. Ass. of Canada (VRAC)
- 2021 Vocational Evaluation and Assessment - VRAC
- 2021 Occupational Information Assessment - VRAC
- 2021 Vocational Evaluation Foundations – VRAC
- 2020 EPIC Lift Capacity Program – Matheson
- 2020 Cognitive Functional Capacity Evaluation Certificate – Matheson
- 2020 Ergonomic Evaluation Program Certificate – Matheson
- 2020 Montreal Cognitive Assessment (MoCA) Certification - MoCA
- 2019 Functional Capacity Evaluation (FCE) Level 2 Certification – JTEC Medical
- 2019 The Functional Capacity Evaluation Certification Program - Matheson
- 2019 Functional Capacity Evaluation (FCE) Level 1 Certification – JTEC Medical
- 2019 Forensic Aspects of Life Care Planning – Inst. of Rehab. Educ. and Training (IRET)
- 2019 Life Care Plan Peer Reviewed Work Sample – IRET
- 2019 Connecting Foods with Pain Symptoms – Academy of Integrative Pain Management
- 2019 Medical and Psychosocial Aspects of Life Care Planning for Spinal Cord Injury - IRET
- 2019 Medical and Psychosocial Aspects of Life Care Planning for Amputations - IRET
- 2018 Integrated Treatment of Pain and PTSD – Academy of Integrative Pain Management
- 2018 Cognitive Demands Analysis (CDA) Certificate Program – Gowan Consulting
- 2018 Frontiers in the Treatment of Trauma - Nat. Inst. for the Clin. App. of Behavioral Med.
- 2018 Teaching Clients Diaphragmatic Breathing – Changeways Clinic
- 2017 Professional Orientation to Life Care Planning - IRET
- 2017 Med. and Psych. Aspects of Life Care Planning with TBI and Multiple Disabilities - IRET
- 2017 Progressive Goal Attainment Program (PGAP) Certification: PGAP Works
- 2017 Prevention of Chronic Pain: A Human Systems Approach Cert. – University of Minn.
- 2017 Fundamentals of Traumatic Brain Injury – Relias Continuing Education

- 2017 Concussion Awareness Training Tool - The BC Injury Research and Prevention Unit
- 2017 Violence Prevention – Vancouver Coastal Health
- 2016 Quality Academy Graduate – BC Patient Safety and Quality Council
- 2016 Risk Assessment & Management of Suicide Risk & Related Issues - Vancouver Coastal
- 2013 Core Addiction Program – Vancouver Coastal Health
- 2012 Cognitive Processing Therapy (CPT) for PTSD Certification – Med. Uni. of Southern Cal.
- 2012 Assessment of Motor and Process Skills (AMPS) Certification - AMPS International
- 2011 Indigenous Cultural Competency Certificate – PHSA/Aboriginal Health Program
- 2010 Critical MVA Stress Management Certification – Justice Institute of BC
- 2006 Substance Use Counselling Certification – Justice Institute of British Columbia
- 2006 Changeways Panic Disorder and Relaxation Treatment Certificate – Changeways Clinic
- 2005 Child Sexual Abuse Intervention Certification – Justice Institute of British Columbia
- 2003 Changeways Core Depression Therapy Certificate Program – Changeways Clinic